Hailing from Punjab, Baljeet Kaur's journey began in Hockey at a young age, when she discovered her talent and passion for Hockey. In 2022, Baljeet joined IndianOil and thereafter continued to create history by winning Women's Asian Champions Trophy 2023. She was also part of winning team at 3rd Inter Departmental Women's Hockey Tournament 2023.

Glorious moments in Sports

- Winner at Women's Asian Champions Trophy, 2023.
- Winner at 3rd Hockey India Senior National Inter Department Women's Hockey Tournament, 2023.
- Won Silver at 3rd Youth Olympic Games, Argentina, 2018.
- Runner-up at 4th Hockey India Senior National Inter Department Women's Hockey Tournament, 2024.
- 4th position at FIH Hockey Women's Junior World Cup, South Africa, 2021.

It's hard to put into words where to begin, but one thing is certain—IndianOil has played a transformative role in my life. As a girl from a small state, I never imagined working with such a prestigious organization, especially in a field like sports where opportunities for women are so limited. IndianOil's initiative to launch a women's hockey team was a groundbreaking step, and being a part of it still feels like a dream. Every athlete dreams of soaring high, and IndianOil has been the wind beneath my wings, enabling me to rise beyond limits. I am deeply grateful to IndianOil for believing in me, supporting me, and giving me the strength to move forward and achieve my dreams.

